Free Spin



Choreographer:Vern Goodell, Gary & Sandy McCrory, Kent & Arlene Verity
& Fred RapoportDescription:40 count, intermediate partner danceMusic:She Ain't Your Ordinary Girl by Alabama 150 bpm
That'll Be The Day by Linda Ronstadt
Eighteen Wheels & A Dozen Roses by Kathy Mattea 144 bpm
Any Way The Wind Blows by Southern Pacific 148 bpm
Cowboy Casanova by Carrie Underwood

Position: sweetheart dance position Start dancing on lyrics

Beats / Step Description

GRAPEVINES

- 1-4 Vine right (step to right with right, cross left behind, step to right with right, brush left)
- 5-8 Vine left (step to left with left, cross right behind, step to left with left, stomp right)

SAILOR SHUFFLES

- 1,2 Touch left in front, touch left side
- 3&4 Cross left behind, step down right, step left together
- 5,6 Touch right in front, touch right side
- 7&8 Cross right behind, step down left, step right together

SHUFFLE STEPS & TURNS

- 1&2 Chassé forward left-right-left
- 3&4 Chassé forward right-left-right
- 5&6 Chassé forward left-right-left as you make ¹/₂ turn to the right (facing RLOD)
- 7&8 Chassé back right-left-right
- /

Man: SHUFFLE ¹/₂ TURN, SHUFFLE FWD Lady: ¹/₄ TURN, ¹/₄ TURN, ¹/₂ TURN, TOUCH

- 1-4 **MAN:** Release lady's right hand and slightly pull lady's left hand to initiate her turn, as you shuffle back (left-right-left) making ½ turn to the left (facing LOD), chassé forward right-left-right
 - LADY: Turn ¹/₄ turn left stepping left to side, turn ¹/₄ turn left stepping right fwd, turn ¹/₂ turn left stepping back on left, touch right (facing RLOD)

Man; 2 SHUFFLES FORWARD Lady: THREE WALKING 1/2 TURNS TO THE RIGHT, SCUFF

- 5-8 **MAN:** Place your right palm against lady's right palm at chest level, pushing her hand back to initiate a free spin, as you shuffle forward (left-right-left), chassé forward right-left-right, stopping the lady and putting her back in original left sweetheart dance position
 - LADY: Turn 1¹/₂ turns to the right (right-left-right), and scuff left (*back to sweetheart*)

JAZZ BOXES

- 1-4 Cross left over, step right back, step to left with left, step down on right
- 7-8 Cross left over, step right back, step to left with left, touch right

Smile and Begin Again